

NUTRITION AND FOOD SERVICE POLICY

- 1. Three nutritiously approved meals will be provided each full day of camp or part thereof.
- 2. Meals will be served buffet style. The type of food service depends on the age of the group and type of program.
- 3. Meal hours will usually be 7:45 AM, 12:00 PM, and 5:30 PM. These meal times may fluctuate to stagger times between different groups and due to special events.
- 4. Special diets are available when instructed by the camper's parent or physician. Arrangements for special diets should be made at least two weeks in advance.
- 5. A camper is not to be deprived of a meal, or any portion of a meal, as discipline.